

RHYTHMIC COMPULSORY ROUTINE JUDGING SHEET

GY Rhythmic Rope Level A

Name _____ Number _____ Division _____

Segments	Value	Score
1. Raise the rope overhead	1.0	
2. Twist the rope	1.0	
3. Circle the rope	1.0	
4. Swings in a U-shape	1.0	
5. Spin the rope & touch hand to shoulder. Raise arms to ending pose.	1.0	
Total Score	max 5.0	

Judge's Signature _____

RHYTHMIC COMPULSORY ROUTINE JUDGING SHEET

GY Rhythmic Hoop Level A

Name _____ Number _____ Division _____

Segments	Value	Score
1. Shake the hoop. Raise hoop overhead & lower. Raise hoop overhead & lower on frontal	1.0	
2. Rotate the hoop	1.0	
3. Touch hand to shoulder	1.0	
4. Tap the hoop on floor	1.0	
5. Circle the hoop. Raise the hoop overhead to ending pose.	1.0	
Total Score	max 5.0	

Judge's Signature _____

RHYTHMIC COMPULSORY ROUTINE JUDGING SHEET

GY Rhythmic Ball Level A

Name _____ Number _____ Division _____

Segments	Value	Score
1. Roll the ball on legs. Raise the ball overhead. Bend the arms & hold the ball at chest.	1.0	
2. Roll the ball on the arms	1.0	
3. Toss & catch with two hands	1.0	
4. Shake the ball. Touch ball to shoulder	1.0	
5. Circle the ball. Ending pose	1.0	
Total Score	max 5.0	

Judge's Signature _____

RHYTHMIC COMPULSORY ROUTINE JUDGING SHEET**GY Rhythmic Ribbon Level A**

Name _____ Number _____ Division _____

Segments	Value	Score
1. Horizontal snakes	1.0	
2. Overhead swings. Spirals	1.0	
3. Overhead circles	1.0	
4. Swing the ribbon up. Horizontal snakes down in front of the body.	1.0	
5. Horizontal swings to ending pose	1.0	
Total Score	max 5.0	

Judge's Signature _____